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# 2021 SCHEDULE

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## How Can We Help our Youth After a Traumatic Event?

Who needs more support? Which of our youth face the greatest risk of mental illness? How can educator's influence children's experiences after traumatic events to promote wellness (over mental illness)? This seminar will help educators identify the risk factors for developing mental illness following a crisis event and how to investigate evidence-based practices for promoting student healing.

**Tuesday, January 26th 4:30 pm – 7:30 pm**

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15191&I=3652264>

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## How Can We Help our Youth After a Traumatic Event?

This three-hour training fulfills requirements for educators and administrators seeking certification through the New York State Education Department. Please note: this training **cannot** be claimed for CTLE hours.

**Thursday, January 28th 4:30 pm – 7:30 pm**

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15191&I=3641590>

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**Saturday, January 30th 9:30 pm – 12:30 pm**

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15191&I=3641593>

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## Dignity Act (DASA): Training in Harassment, Bullying, Cyberbullying & Discrimination in Schools: Prevention & Intervention

This is a **two-day, three-hour** interactive program that examines the acts of harassment, discrimination and bullying as it relates to, but is not limited to, those acts based on a person's actual or perceived race, color, weight, national origin, gender or sex. In this training, participants will engage in authentic conversations, activities and reflections about harassment, discrimination and bullying as well as exploring the impact of social constructs in their personal and professional lives.

**Wednesday & Thursday, February 3rd & February 4th 4:30 pm – 7:30 pm**

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15191&I=3652254>

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## Ensuring Equity

Ensures all students are treated equitably. In this conversation, Educators will explore how to identify what their students, as individuals and as a collective, need at this time, in this setting.

**Tuesday, February 9th 4:30 pm – 7:30 pm**

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15191&I=3652256>

NYSUT Suffolk  
Regional Office

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Professional Learning  
Seminars and SRO  
Trainings

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Winter 2021

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**\*FREE\***  
to NYSUT Members

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Unless otherwise  
indicated,  
registration limited to  
40 attendees, so act  
now!

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100 Vanderbilt Motor  
Pkwy Suite 320  
Hauppauge, NY 11788

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631-273-8822



### Student Debt/Student Loan Counseling

The NYSUT Member Benefits Corporation's endorsed Cambridge Credit Counseling program can assist NYSUT members with better understanding their student loan re-payment options and/or debt consolidation.

These **free clinics** will run for approximately one hour followed by a Q&A session. If members attend a free seminar, Cambridge will waive the \$15 fee typically charged to download the member's student debt to a portal. A portal report with the specific loan data is sent to a counselor who can then provide a free one-on-one counseling session and a complete review of finances.

**Wednesday, February 24th 5:00 pm – 7:00 pm**

[Click here to register](#)

**Tuesday, April 20th 5:00 pm – 7:00 pm**

[Click here to register](#)

**Thursday, May 13th 5:00 – 7:00 pm**

[Click here to register](#)

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**\*FREE\***  
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Each Student Debt  
seminar can  
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